

November, 2010

# Keely Kolmes, Psy.D.

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## EDUCATION:

- 2003 CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY, ALAMEDA, CA  
Psy.D. in Clinical Psychology
- 1992 UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL, NC  
B.A. in Drama and Certificate in Women's Studies

## PROFESSIONAL WORK EXPERIENCE:

June 2008 – Present  
**Private Practice** KEELY KOLMES PSYCHOTHERAPY PRACTICE  
San Francisco, CA

Provide brief and ongoing individual and relationship therapy services to private practice clients. Also provide consultation to other mental health professionals on LGBT, kink and poly issues. Provide consultation to other professionals on Internet and technology issues.

October 2008 – June 2010  
**Triage Services** STANFORD UNIVERSITY  
8 hours weekly COUNSELING & PSYCHOLOGICAL SERVICES  
Stanford, CA

Provided triage services to students seeking therapy at CAPS. Administered brief telephone intake and made appropriate referrals to students to CAPS clinicians, outside therapists, or emergency on-call services.

October 2005 – June 2008  
**Staff Psychologist** STANFORD UNIVERSITY  
24 - 28 hours weekly COUNSELING & PSYCHOLOGICAL SERVICES  
Stanford, CA

Provided 16 weekly hours of brief therapy to students. Participated in staff meetings and case consultation. Consulted with Director of Vaden Health Center on policy issues relevant to LGBT students. Provided training to Interns on working with LGBT students and obtaining licensure. Provided on-call coverage. Co-led grief and bereavement workshop and sexual orientation support group. Co-wrote APA Accreditation Self-study with CAPS Training Director. Supervised a Postdoctoral Fellow.

August 2004 - August 2005  
**Postdoctoral Fellow** STANFORD UNIVERSITY  
32 hours weekly COUNSELING & PSYCHOLOGICAL SERVICES  
Stanford, CA

Provided 18 weekly hours of brief therapy to highly diverse, largely international population of undergraduate and graduate students. Carried several long-term cases. Training included on-call crisis management, consultation to campus community, and outreach services by request. Participated in individual and group supervision, didactic trainings, staff meetings, and intern process group. Consulted with multidisciplinary teams regarding multicultural issues, psychiatric medication, referrals, and eating disorders. Provided on-call coverage for a week during summer quarter. Co-led grief and bereavement workshops for campus community.

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### PROFESSIONAL WORK EXPERIENCE:

*(continued)*

April 2004 - August 2004  
**Registered Psychologist**  
14 hours weekly

FAMILY INSTITUTE OF PINOLE CLINIC  
Pinole, CA

Provided brief individual, couples, and family therapy for thirteen clients a week. Received weekly supervision to build skills working with children and families dealing with poverty, substance abuse, foster care system, involvement of child protective services, and issues of neglect, abuse, and domestic violence.

July 2002 - July 2003  
**Predoctoral Intern**  
40 hours weekly

FAMILY INSTITUTE OF PINOLE CLINIC  
Pinole, CA

Provided individual, couples, and family therapy for twenty clients a week, most of whom received Victim of Crime funding as a result of experiencing trauma. Worked with depression, anxiety, PTSD, domestic violence, child abuse/neglect with African-American, Latino, and Caucasian clients. Co-led adolescent group. Participated in weekly narrative reflecting teams and weekly supervision based upon live and videotaped client sessions. Attended weekly trainings on therapy with children, families, and multi-stressed populations.

June 2000 - September 2000  
**Psychological Intern**  
**Summer Intensive Program**  
24 hours weekly

SUNSET MENTAL HEALTH SERVICES  
San Francisco, CA

Provided therapy in a day treatment program for the chronically mentally ill. Led three primary therapy groups and saw four individual clients weekly. Co-led four weekly activity groups (music therapy, sex education, daily living skills, and living with mental illness) and provided milieu therapy for up to fifty psychotic clients. Responsible for intakes, closing cases, and providing crisis intervention. Consulted regularly with other professionals

August 1999 - June 2000  
**Psychological Intern**  
**Family & Couples Track**  
24 hours weekly

SONOMA STATE UNIVERSITY COUNSELING  
CENTER & PSYCHOLOGICAL SERVICES  
Rohnert Park, CA

Provided sixteen hours of brief therapy and crisis intervention to university community. Provided longer-term therapy to families and couples. Participated in weekly trainings covering systemic and narrative therapy, staff meetings, group process and group supervision. Participated in weekly reflecting teams with families and couples. Received weekly supervision based on audiotaped sessions with clients.

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### PROFESSIONAL WORK EXPERIENCE:

(continued)

September 1998 - June 1999

**Psychological Trainee**

**Individual Track**

16 hours weekly

SONOMA STATE UNIVERSITY COUNSELING  
CENTER & PSYCHOLOGICAL SERVICES  
Rohnert Park, CA

Provided brief therapy and crisis intervention to eight clients weekly in university community. Involved with planning workshops, groups, and campus outreach. Participated in weekly trainings covering short-term psychodynamic work and Red Flags issues. Attended staff meetings, group process and group supervision. Received weekly individual supervision based on audiotape sessions with clients.

September 1997 - June 1998

**Psychological Trainee**

16 hours weekly

SAN LEANDRO COMMUNITY COUNSELING  
San Leandro, CA

Provided counseling to high-risk junior high and high school students in grades 6-12. Led six groups and saw four individual clients weekly. Clients varied widely in ethnicity, sexual orientation, and socio-economic status. Interfaced with families, school personnel, and social service agencies. Participated in weekly trainings and individual/group supervision.

### RELATED WORK EXPERIENCE:

September 1997 - January 1998

**Student/Evaluator**

CALIFORNIA SCHOOL OF PROFESSIONAL  
PSYCHOLOGY  
Alameda, CA

Completed professional field evaluation on the 1st International Conference on Parents with Disabilities and Their Families. Consulted with Through the Looking Glass, the conference sponsor, and collaborated with team on how to conduct evaluation, aspects to assess, and instruments to use. Attended the conference and conducted all stages of the evaluation, including coding and analyzing the results and writing the final report.

November 1996 - July 1997

**Psychological Trainee**

8 hours weekly

AIDS PROJECT OF THE EAST BAY  
Oakland, CA

Provided intake and assessment of client needs through administering a comprehensive evaluation included assessment of psychological functioning. Conducted ongoing psychosocial case management. Received training in social and practical daily aspects of living with AIDS. Provided emergency services to clinically diverse population of clients—predominantly African-American, Latino, homosexual, transgender, and IV-drug-using people living with HIV/AIDS.

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### RELATED WORK EXPERIENCE:

*(continued)*

September 2003 – May 2004  
**Teaching Assistant/Supervisor**  
**The Intensive**  
3 hours weekly

MARY HERGET, PH.D.  
ARGOSY UNIVERSITY  
Point Richmond, CA

Invited by Mary Herget to provide live supervision for two therapists and their reflecting teams of approximately seven students each. Participated in weekly teams with ongoing therapy clients. Provided additional assistance as needed for semester-long course.

April 1998 – Present  
**Professional Consultation**  
90 minutes weekly

PRIVATE CONSULTATION GROUP  
Oakland, CA

Organized a weekly consultation group with two other colleagues. Discuss clinical, ethical, and legal issues as well as other professional development concerns. Group represents diverse cultural perspectives and a range of clinical practice. Group's theoretical perspectives include psychodynamic, feminist, cognitive behavioral, humanist, systemic, and narrative approaches.

September 1990 - October 1991  
**Information Specialist**

AMERICAN SOCIAL HEALTH ASSOCIATION/  
NATIONAL AIDS HOTLINE  
Research Triangle Park, NC

Provided information, education, and referrals about HIV and AIDS to anonymous callers on national hotline. Participated in 40-hour training program covering HIV/AIDS information and communication techniques. Attended regular inservices to update knowledge and skills.

### OTHER WORK EXPERIENCE:

June 1993 - August 1996  
**Computer Consultant**

MACINTOSH COMPUTER CONSULTING  
NY and CA

As self-employed computer consultant, trained and supported individuals and businesses in New York and California. Provided telephone and in-person technical support and training. Introduced clients to internet. Beta-tested CD-ROMs and provided feedback on their development.

### VOLUNTEER EXPERIENCE:

September 2008 – March 2009  
**Clinical Supervisor**

NEW LEAF SERVICES  
San Francisco, CA

Volunteered as clinical supervisor to MFT Intern working with LGBT clients. Provided one weekly hour of clinical supervision.

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### PROFESSIONAL TRAINING:

April 2002 - May 2002  
SAN FRANCISCO SEX INFORMATION  
SEX EDUCATOR TRAINING  
60 hour training

### PUBLICATIONS:

Kolmes, K. (2010). Don't get caught in the web: Avoiding sticky ethical issues on the Internet. *Division I Briefings: The Journal of the California Psychological Association Division of Professional Practice*, November 2010, 172, pp. 9-11.

Kolmes, K. (2010). Setting up a social media policy for your practice. *The National Psychologist*, November/December 2010, p. 16.

Kolmes, K. (2010). Developing my private practice social media policy. *Independent Practitioner*, Summer 2010, 30 (3), pp. 140-143.

Kolmes, K. & Zur, O. (August, 2010). Digital and social media ethics for psychotherapists: Clinical & ethical considerations for psychologists, counselors, and clinicians using the Internet. Online Continuing Education course.

Kolmes, K. (2010). Creating a social media policy for your practice. *The California Psychologist*, July/August, pp. 28-29.

Kolmes, K. (2010) A psychotherapist's guide to Facebook and Twitter: Why clinicians should give a Tweet!, Psychotherapy.net.

Kolmes, K., & Taube, D.O. (2010) Clinical implications of therapist-client interactions on the Internet: Boundary considerations in cyberspace. American Psychological Association Division of Psychotherapy.

Kolmes, K., & Weitzman, G. (2010) A guide to choosing a kink-aware therapist. the National Coalition for Sexual Freedom.

Kolmes, K., Stock, W., Moser, C. (2003) Investigating bias in psychotherapy with BDSM clients. *Journal of Homosexuality*, 50 (3/4).

Kolmes, K (2003) *BDSM consumers of mental health services: the need for culturally sensitive care*. Doctoral dissertation, CSPP-AIU. Reprinted and catalogued by CSPP-AIU library.

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### SELECTED PRESENTATIONS:

April 8, 2011, Continuing education session: *Client-Therapist Encounters on the Web: The Client Experience*, 2011 California Psychological Association Annual Convention, San Diego, CA.

March, 2011, Invited panelist, *Patients/Caregivers on Facebook: Establishing Boundaries Without Barriers*, SXSW Interactive 2011, Austin, TX.

February 25, 2011, Invited panelist: *Digital Boundaries: The Use of Technology in Clinical Practice*. Ontario Psychological Association 64th Annual Convention, Toronto, Canada.

October 26, 2010, Invited speaker: *Digital Ethics*, John F. Kennedy University, Oakland, CA.

August, 14, 2010, Panelist, *Social media and private practice: Notes from the field*, 2010 American Psychological Association Convention, San Diego, CA.

April 17, 2009, Speaker: *Friending, fanning, and following: Findings on client-therapist Internet interactions and their influence on treatment*, California Psychological Association Annual Conference, Costa Mesa, CA

October 23, 2009, 5-hour Continuing Education training: *Clinical and Ethical Issues Related to Social Networking and College Mental Health*, Northern California Training Directors Conference, San Francisco, CA.

May 6, 2009, Invited speaker: *Writing the Dissertation*, The Wright Institute class on Proposal Design, The Wright Institute, Berkeley, CA.

April 30, 2009, Training: *Working with Transgender College Students*, Stanford University Counseling and Psychological Services Predoctoral Intern Seminar, Stanford, CA.

April 25, 2009, *Social Networking, Visibility, and the Therapeutic Alliance*, Mental Health Camp, Vancouver, B.C.

March 17, 2009, Panel: *Therapy 2.0: Mental Health for Geeks*, SXSW Interactive 2009 Core Conversation, Austin, TX.

February, 2008, Training: *Working with LGBTQQQ College Students*, Stanford University Counseling and Psychological Services Predoctoral Intern Seminar, Stanford, CA.

May 2007, Training: *How to Pass the EPPP Exam*, Stanford University Counseling and Psychological Services Predoctoral and Postdoctoral Intern Seminar, Stanford, CA.